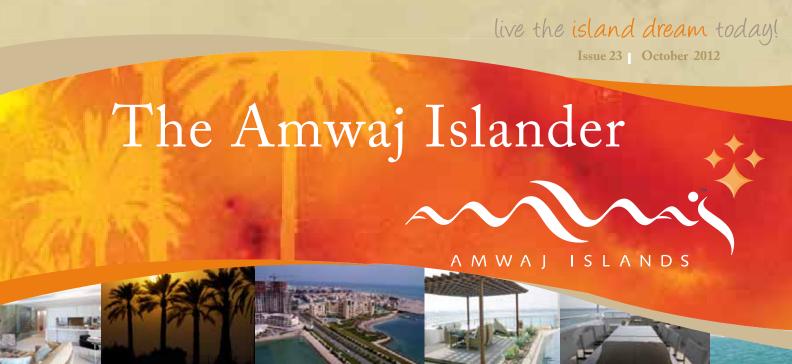
60 Seconds With: Mirella Petrova, Operations Manager, Refining Concepts; page 2

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A Hidden Secret in Amwaj, Revealed! Yumminess Cupcakes; Page 4



Letter from the MD

Dear Amwaj Islanders,

Over the last few months we have seen the number of residents increase tremendously, and could not be prouder of the way our 'community' is developing. We have received numerous inquiries as to when we will be releasing dates for the Amwaj Marina Market. Your positive feedback and enthusiasm has encouraged us to start preparing for the new season and we're happy to announce that the first one will kick off this December.

We are fast approaching our two-year anniversary of the Amwaj Islander and, consequently, are looking forward to launching a revamped newsletter with a refreshed 'look and feel' to ring in the New Year. We are working towards improving our content and would love to hear from you. In the spirit of celebration, we will select and reward the top three improvement suggestions and ideas for the Amwaj Islander and announce the winning entries in the January issue! Therefore, please submit your ideas by the end of November. And lastly, no Amwaj Islander would be complete without commenting on the weather! Thankfully, the temperatures are beginning to drop which translates into more outdoor events for the Amwaj community. We are looking at a list of our most popular events, as well as potential activities we could organise for the family. If you would like to see a particular event or activity come back to the island, or start taking place, please let us know.

We are ready to kick off the Autumn season and are looking forward to hearing from you and seeing you all at one of our community events in the near future.

Enjoy this issue of the Amwaj Islander! Sincerely,

Jameel Almatrook

Managing Director, Amwaj Islands.

Behind The Name -LE SUMMIT



Mousa Al-Mousa, an ex-Banker from the Kingdom of Saudi Arabia, and owner of 'Le Summit', wanted to develop something special and

unique in Amwaj, something over the top; memorable - and he managed to do just that. Le Summit is an apartment building of pure elegance from its exteriors all the way to its interiors. Each apartment is unique, where they all have varied designs. "I wanted people to walk in and feel at home, feel comfort, not as if they were walking into a typical apartment where everything is ordered in bulk."

Al-Mousa is a 'hands on' individual where he personally picked everything from the aluminum cladding on the exterior of the building - which no other development in Amwaj has - to the door knobs and paintings on the walls.

The development was called 'Le Summit', meaning the top, because they wanted to get straight to the point. The building is the 'top of the top', the 'creme de la creme' as some may say. No cliche names needed.

Only a simple, memorable, and elegant name which depicts all of what the building holds. Located opposite the Amwaj Marina, Le Summit comprises of 16 apartments.

For information, please call 33121052.





60 Seconds With...



Name: Mirella Petrova

Position/Company:

Operations Manager at Refining Concepts-Management Company of '5' Spa

Tell us about '5'.

Our aim for '5' has always been to create the ultimate beauty destination for hands, feet, body and face and, from the ever increasing buzz, it seems we're well on the way to achieving our goal. The excitement surrounding '5' comes from all quarters;

from the management company behind the concept, from '5's team of expert technicians and, crucially, from our rapidly growing loyal base of discerning clients.

When was it established and by whom?

We are fast approaching the 1st Anniversary of '5'. Of course, in the time leading up to the launch of our flagship operation in Amwaj, a great deal of strategic planning was put in place by business development company, Refining Concepts. As the backbone of 5's management systems, Refining Concepts consistently works to provide what we see as 5's commitment to our clients; to provide the height of expertise, unparalleled industry knowledge, state-of-the-art techniques and high-end products all from within the ultimate in luxurious and indulgent surroundings.

What are 5's Specialities?

As our aim is to provide the ultimate in beauty, I would say that each and every service, product and technique we provide or perform is exceptional. Having said that, at the conceptualisation phase, Refining Concepts recognised a gap in a very saturated market; at 5 we are unique in our attention to and accent on

hygiene and cleanliness practices and processes in the field of beauty. 5 sets itself apart by combining the height of interiors luxury, indulgence and opulence with clinical chic and optimal cleanliness techniques.

When did you open in the Lagoon?

We opened in October 2011.

Has it exceeded your expectations?

Our expectations have been and always will be to provide the ultimate in all areas concerning 5. We continuously work towards retaining a full and rounded knowledge of the beauty industry, to provide on-going training to our technicians, and to fulfilling our commitment to our clients. We are delighted by our fast growing reputation which we are confident we live up to.

What are your future plans for 5?

We believe that the future for 5 holds no bars. Our management company, Refining Concepts, is focused on penetrating the high-end Bahrain market, but also has plans to launch further branches of 5 Spa throughout the GCC.

What is your favourite motto in life?

Well, with my '5' hat on I would like take the liberty of borrowing two of the immortal Coco Chanel's lines... 'Simplicity is the keynote of all true elegance' and 'a girl should be 2 things; classy and fabulous'.

Would you recommend other businesses to open in the Lagoon?

The Lagoon, like 5, is a destination. The beauty and elegance of the Lagoon is very much in line with our particular business so, for 5, it's been the perfect location. I would definitely recommend the Lagoon as a base for other companies thinking of launching or expanding their businesses.

What are your thoughts about Amwaj Islands as a whole?

It's unique. In line with '5' Spa, in Bahrain there is no other place like it!

Clinical Chic... Immaculate Indulgence

The launch of '5's flagship spa in The Lagoon has made Amwaj residents the envy of all ladies in 'the know'. This ultimate beauty destination for nails and body is set to take the Gulf region by storm, as it looks to expand its trademark chic and cutting-edge expertise.

Offering the perfect mix of luxury, indulgence and glamour combined with a high-end product portfolio, state-of-the-art beauty techniques and a forward-thinking clinical approach, '5' has been created to provide a truly unique experience.

From the refined and elegant etched glass entrance door, to the dazzling, oversized candy-coloured nail polish artwork, through to the bespoke, sumptuous armchairs in sparkling white, 5's

attention to detail is unrivalled. Whilst maintaining the look and feel of a design-led, luxurious, decadent and, ultimately, indulgent salon, 5's operations are cleverly managed with the undertones of a specialist clinic.

5's technicians not only excel at the art of beauty, but also take cleanliness and hygiene issues and procedures to a new level, setting 5 apart as a true force in the field of beauty.

In an ever-diversifying industry, 5's management aims to provide a product list as exclusive as the clients themselves! Visit '5' for the ultimate beauty experience amidst the epitome of chic elegance.







Muju Restaurant & Lounge



Muju is a contemporary gastronomic Restaurant & Lounge located at the Dragon Resort in the heart of Amwaj Islands, Bahrain. With its beautiful sea view, superb service & divine food prepared by Chef Vito Fornelli it is an experience not to be missed.

Starting from September 18th, the Amwaj based restaurant will begin a wine-tasting every third Tuesday of the month from 7-10PM. Premium wines will be intelligently paired with a five course set menu to intrigue the taste buds. The BMMI Sommelier will be available for guests to ask questions about his exquisite choices.

The spacious modern design holds a timeless sophistication that blended with a warm and inviting ambience combines to make the ideal venue for lunch, dinner or cocktails. The restaurant boasts an exquisite international menu with a wide variety of delicacies for even the most discerning of palates. Chef Vito's culinary creations and seasonal specials are a treat to the taste buds.

As Muju enters its fourth year, a new era is emerging. Quintin Mannar has recently joined the team from the Armani Hotel

in Dubai and brings with him a wealth of experience in 5 star service. Quintin has carefully tailored his team to deliver an excellent front of house experience to compliment the creative culinary concepts.

Launching an eclectic new menu for Autumn, the vibrant dishes boast the top-class qualities that Muju is known for, quality produce, inspired flavours and innovative presentation. Many of the fresh additions to the menu have elements that blend traditional flavours with modern techniques such as the basil foam and the open raviolo. It is testament to the head chef and his experienced team that they can deliver plates that delightfully surprise.

In fact the open lobster raviolo is Head Chef Vito prize dish of the new offerings displaying a simple twist on the traditional closed pasta recipe. A picturesque, layered portion of black ink and beetroot pasta with light mixed vegetables accompany the pan fried lobster in white wine, which is flourishingly topped with porcini foam.

Chef Vito explains that it is the global nature of the restaurants clientele that makes the Muju menu such an interesting experience to create. There are dishes from all corners of the world that imaginatively combine a plethora of produce, the quintessential International fine dining experience.

Open Sun-Tues 12-3pm & 7-5am, Weds-Sat 12pm-5am For more information, log onto www.mujuamwaj.com

A Special Message from Alosra

Dear Valued Customers,

Alosra would like to welcome you back after, what we hope has been, a relaxing break from every day routine!

At Alosra, we try and bring you the best quality produce locally and internationally, paired with excellent customer service and an overall enjoyable shopping experience. As you get back into the swing of things, we want to reinforce our commitment to our customers. We want to emphasize the importance of listening to your thoughts and ideas. We currently have a 'Talk

Back' box which is located at the customer service desk. Please take the time to fill this out carefully to let us know if you want anything new, to ask a question, or if it's just a well done!

Alosra plan to release questionnaires in the coming months that would greatly help us in all of our areas. If you would like to be contacted please leave your name, email and telephone number at the customer service counter.

We thank you for your continued loyalty and we hope the coming month is a happy and enjoyable one!

Alosra Management





Yumminess Cupcakes A Hidden Secret in Amwaj, Revealed!

Noora Al-Mansoori, a Computer Science graduate and an entrepreneur, has worn a lot of hats in her career from Treasury and Web Designing to Business Development. However, her career also comes in the form of delicious goodies, where at 25 years old, the focused and driven entrepreneur started "Yumminess Cupcakes" - a Bahraini home-based artisan Bakery that focuses on having its own unique designs and flavours. Noora is the owner and founder of this secret, which we have recently discovered in Amwaj.

"I didn't go to a pastry school or attend classes," says Noora. All her skills were curved from her dedication to this form of art with her day-to-day intensive practice at home by watching videos and pictures and in turn, teaching herself how to bake. "At the start, it was just a beautiful edible art that I wanted to learn about. I then began to bake and decorate cupcakes for my friends and family who encouraged me to pay more attention to it and turn it into a fun career. Little did I know that my career would interestingly transform from sitting behind a desk and a computer, to mixing some ingredients and creating great art out it. And that's how my artisanal baking journey began."

Unlike owners of fast-growing bakery chains, Noora hasn't built her cupcake career through franchising, licensing or an infusion of capital from institutional investors. Yumminess Cupcakes is simply a home-based bakery specializing in handcrafted cakes & cupcakes, brownies, cookies, chocolates, pastries and much

















more-- all are home made based on orders, and all prepared from the best freshest ingredients in the market.

Themed desserts is also a specialty at Yumminess Cupcakes where clients give a theme code, number of guests and budget, and Yumminess Cupcakes takes care of all the desserts for the occasion.

While Yumminess Cupcakes may not have a long history in baking, she sure knows how to put a smile on her clients' faces!

Currently, orders can be picked up from her house in Amwaj. Currently, orders can be picked up from her house in Tala, Amwaj Islands. However due to the success and the increasing number of clients, Noora aims to open a shop by the middle of this year to please all the dessert addicts.

To view Yumminess Cupcakes Menu and Gallery follow her on:

Twitter: @YumminessCakes instagram: @YumminessCakes

e-mail: Yumminess-cupcakes@hotmail.com





Do you have a secret, or know of a secret, in Amwaj that needs to be revealed? Please write in to info@amwaj.bh and we will be happy to share!

Amwaj Updates

The Wonderfully comedic world of Jeff Innocent!

Looking for something different to do in Amwaj? Well Corners have got just the thing for you! The Comedy Club will take place on Thursday the 4th of October at Corners, Amwaj at 8PM, where tickets will be sold for BD10 with two free beverages. Comedians Jeff Innocent and John Newton will perform.

The comedy club returns with two new brilliant British acts for their roadshow. Witty and direct, they take you for a walk on the funny side through the comedic jungle ensuring a fantastically funny night.

Jeff Innocent is an extremely experienced and popular stand-up comedian, actor, writer and cultural commentator. As a comedian he has appeared on British and international TV and radio and regularly performs in countries as diverse as India, Dubai, Japan, Norway and China to name but a few. He has taken one man shows to the Edinburgh Fringe Festival and is an experienced corporate entertainer. As a writer he has published work in a number of publications on a range of subjects. His acting credits include feature films, historical drama and children's TV. His unique appeal lay in the contrast between his working class lovable rogue persona and his intelligent, educated take on the world.

John Newton has travelled the globe spreading the laughter and is a veritable veteran of the Fringe Festival. In a recent review "John Newton does not need gimmicks, stage characters or personas, as what he has is something far more valuable to any comedian...a good, old-fashioned, 'back to basics' knack for excellent gag writing. John manages to steer clear of cliche or hack material, instead delivering some artfully constructed and very original pieces. Filled with keen observations, John covers a range of topics, leaving the audience contemplating such obscure subjects as the socio-economic stability of 'Thomas the Tank Engines' home island of Sodor" - Funny.co.uk

October 4 Comedy Club will take place at Corners at 8PM.

- **16** Muju monthly 'Wine Tasting' will be on the 16th of October. A good selection of wines will be available from BMMI.
- 19 Eventions will ave their Bora Bora beach party on the 19th of October at 3PM at The Dragon Resort.
- **25** The Persian Room hosts Taste of Persia every last Thursday of the month. The price is BD 8.500 per person. For more information please contact Alex on 39276249 or 16010166.
- **29** Amwaj Ladies Book Club meets every last Monday of the month to discuss a common book. For more information, or to join, please e-mail abarr13@hotmail.com

Every Friday The Muju Friday Brunch will now have live cooking stations to make the fresh flavours sizzle!

Every Saturday Tuga Bakery is inviting everyone for a free coffee/tea & Pastel de Nata (traditional Portugese sweet) & some brazilian sweets, every Saturday from 10am-12pm and 4pm-6pm.

Every Monday Amwaj Cooperative Playgroup holds playgroups for newborns and kids up to 4 years old, Sundays from 3.30pm to 5.30pm and Mondays from 9am to 11am. For more information, please visit the group 'Amwaj Cooperative Playgroup' on Facebook or email shaemaimam@hotmail.com.

Every Tuesday Kindermusik, Music and Movement Program for children aged up to 7 years with a different theme every time. For more information, or to join, please email kindermusikwithnatasha@gmail.com or visit Facebook group 'Kindermusik with Natasha'.

Once a month Join the Amwaj Ladies Dinner Group and try a new restaurant every month. For more information, please visit the Facebook group 'Amwaj Ladies Dinner Group'.

Daily aminals is an activity center for mums/dads and children. For more infromation, please call 16 030 103.

Weekly Adult Children of Alcoholics (ACOA) and The Circle-Eating Disorders and Obesity Support. Sessions held by Dr. Anne Mostafa in Amwaj. For more information, please call 36 317 033 or visit www.bahrainpsychologist.com.

Weekly Once Upon a Story Time is an interactive story time for parents and children up to the age of 4 years old. It takes place weekly with every week carrying a different theme. For more information, or to join, please email onceuponastorytime@hotmail.com.

Weekly Amwaj Families Bahrain can be found on facebook, which a selection of classified ads from mums and dads and highlights events and activities that are happening in the area. Our latest event is ZERO TO ONE AND HAVING FUN, a new mums and babies playgroup that meets once a week in aminals. Other free events that run throughout the year are Soccer Toddler Mornings, buggy walks and beach party. Come join our community group and help bring families together!

November 1 Corners will have a 'Retro Reunion' on November 1st with a fantastic live tribute night packed with 60's dance tunes from The Monkees, The Beetles, and Millie Smal.



Safety & Security in Amwaj

To help ease the traffic flow of the main gate onto the Islands, the Jurdi Bridge - located on Jood Island - will now be open for access to all construction vehicles and workers. We hope this initiative will be effective. Additionally, in an effort. In an effort to improve security in Amwaj, Secure Services Limited has been contracted to ensure security for Amwaj residents. Secure Services Limited is currently responsible for all the common areas throughout Amwaj issues.

We acknowledge the residents' concerns regarding several issues and are taking necessary measures with regards to progressing safety issues. Part of the new arrangement is to have the following contact details; Security Team telephone: 33 530 223 during working hours, Sunday to Thursday 8am to 5pm. For all other times and 24hour emergency telephone: 39 866 952. If you have any comments, suggestions, or complaints with regard to the Security Service, please email amwaj@secureservices.bh

Please note that to control the maintenance personnel entering Amwaj we have decided to issue regular maintenance personnel e.g. Red Line, Ifix with gate passes. We have contacted the companies concerned and asked them to provide their operatives' details. Some have already postponed. If, in an emergency situation, one of the team does not have a gate pass, or the company has not provided the necessary details, an emergency gate pass can be obtained from security. This must be signed by the resident on the completion of the work. The operative then returns it to security. It always helps if the resident calls security on 33085058 giving brief details of the situation and likely visitor. The resident does not have to come to

For the safety of the Amwaj Islands community, please adhere to the 40km/hr speed limit. If you would like a copy of the Amwaj Islands rules & regulations, kindly send an email to info@amwaj.bh.

Jet ski owners have to submit a picture of their jet ski along with the owner's address in Amwaj to the Security Department. Boat owners must submit a copy of their boat's registration.

Motor boats and jet skis are not allowed in areas designated for swimming. The only exception is for motor boats powered by an electric motor not exceeding 5hp. The maximum permitted speed is 3 knots.

To all residents of Al Marsa Floating City, please note that from now on, every resident of The Floating City is to have a sticker on their vehicle. Any resident who does not will be questioned.

the security barrier for maintenance personnel to gain access in an emergency. Residents should bear in mind that external electrical faults (i.e. not a house fault) are the responsibility of the local electrical authority whose emergency number can be found on your electricity bill. Please note that daily rentals are prohibited in Amwaj Islands.

Please note that daily rentals are prohibited in Amwaj Islands. For any questions, or more information, please call on 16 033 098 or 39 866 953 or email k.manahi@ amwaj.bh, or drop into the Ossis office Sunday to Thursday 8am to 5pm.

FOR RENT Tala 4-bedroom beach front f/f house with a pool, access to all facilities, Rent BD 1800 inclusive of electricity and water, call 39 555 745 Anastasia. FOR RENT Tala 2-bedroom f/f apartment, ground floor, nice design, green patio view, BD 600 inclusive, 39 555 745 Anastasia. FOR SALE Floating City 4-bedroom+maids room, converted Riva villa BD270K all inclusive, call 39 555 745 Anastasia, email: anastasia.ageeva@yahoo.co.uk. FOR RENT Floating City ground floor 1-bedroom f/f apartment with a garden/boat mooring BD700, villa 3-bedroom f/f BD1300, mob. 39 555 745 Anastasia. FOR RENT Amwaj 3-bedroom f/f Penthouse with a large 200 m2 private patio with a sea view, rent only BD900, call 39 555 745 Anastasia. FOR SALE Amwaj 5-bedroom+pool ocean front villa, BD440K title deed available, call 39 555 745 Anastasia.



FOR RENT Tala Island 4-bedroom+maids room Penthouse with a sea view, available August 1st, rent BD1200, beach and pool, tennis court access, call 39 555 745 Anastasia or email anastasia.ageeva@yahoo.co.uk. FOR SALE Tala Island 4-bedroom Penthouse 340 msq with the best sea/lagoon view from your large patio, BD199K, mob. 39 555 745.

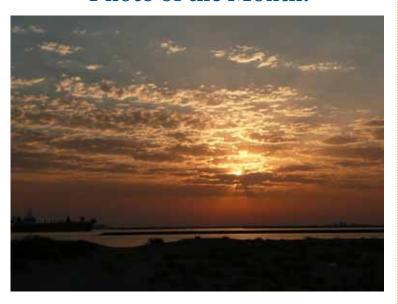


FOR SALE: 4BR plus maids waterfront villa. FF. BD200K incl Call Rashid 33338484. 4BR plus maids flat, high floor Zawia 1. BD125k Call Lyn 36732632. 3BR Flat, FF. BD90K Call Erin 37737325. Small block of 2BR flats. FF. BD285K Call Rashid: 33338484. 4BR plus maids Marina-Tala BD190K Call Erin 37737325. 3BR plus maids - Meena 7 BD140k Call Aicha 33600620. 100msq shop in Lagoon Mall BD75k Call Aicha 33600620. 4BR plus maids villa in Floating City BD260k neg Call Aicha 33600620.

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FOR RENT: 1BR flat with magnificent views FF BD500 incl Call Aicha 33600620. 2BR Flats with great facilities, balconies and views, SF/FF from BD510 incl Call Lyn 36732632. Shops of all sizes for rent in Lagoon Mall Call Aicha 3360020. 3BR FF flat in Floating City. 1st floor. Big balcony. Great views. BD800 incl Call Lyn 36732632. 2BR flats for rent FF. BD450 and BD475 incl. Call Rashid 33338484. 6BR plus maids private villa. SF BD1400 incl or BD1800 incl FF Call Erin 37737325. 2BR flats. Brand new. FF, great views, from BD700 incl Call Lyn 36732632. 3BR Penthouse apartment. Best views. FF BD1200 incl Call Rashid 33338484

Photo of the Month!



Congratulations to Graham Warder of Tala Island who has been selected as this month's 'Photo of the Month' winner! You have won a BD25 voucher from Alosra Supermarket.

To participate, please send you pictures to info@ amwaj.bh. Do not despair if you have not been chosen for your month of submission - you can easily be chosen for upcoming months, so please keep sending them in!

Marine Life



Thank you to Gaye Bentham for sending in this beautiful picture of a 'cuttlefish' which she saw whilst snorkelling in the lagoon.

Amwaj Marina









Amwaj Marina organized a 'fire training' session, in cooperation with ALPHA Fire Services Company for all the marina staff, and clients crew members onboard in the Marina.

Directory

Amwaj Islands Security Working Hours: 24 hrs

Location: Amwaj Islands entrance M 39 866 952

E security@amwaj.bh

Amwaj Islands Main Office

Location: Amwaj Islands entrance T 16 033 100 E info@amwaj.bh

W www.amwaj.bh Tala Island Security

T 16 060 033

Nuetel Communications

Working Hours: 8am - 5pm, Sunday to Salon 5, The Lagoon Thursday, 8am - 2pm on Saturdays T 16 033 000

International School of Choueifat T 16 033 333

Amwaj Marina T 16 011 160

Amwaj Marina Dive Club Robin Bugeja T 39 671 748

Amwaj Hotels

The Dragon Beach Hotel & Resort T 16 031 111

The Sea Loft Boutique T 16 033 833

Amwaj Outlets

Muju Lounge & Restaurant T 16 039 800

The T-Club

T 38 887 107

Tuga Bakery T 16 010 284

Franky Joes T 16 011 601

ChocoLoco T 16 123 456

Yamin Jana T 16 033 800

Burger Lounge T 77 055 772

Curry Tree T 16 030 660

Houseboat T 16 010 321

Leewan Al Khor

T 16 010 666

T 16 030 393

Johnny Rockets T 16 011 199

Mei N Yu T 16 010 160

Persian Room T 16 010 166

Costa Coffee, The Lagoon T 16 071 003

Alforno, The Lagoon

T 16010529

Costa Coffee, Tala Island T 16 034 509

Working hours: 8am - 5pm, Sunday to Starbucks Coffee T 16 010 233

> Black & White Laundry T 17 532 268

Joz Salon & SPA, The Dragon Hotel & Resort

T 16 031 120

M 36 308 889

T 16 010 5 5 5 Working Hours: 10am - 8pm Monday - Saturday

Al Osra Supermarket T 16 033 773 Working Hours: Everyday 7am - 11pm

Kut & dry Saloon, The Lagoon

T 16 030 631

Jawad Express T 16 034 501

Waitrose Supermarket

Working Hours: Everyday 8am - 11pm T 16 030 636

24-Hours Supermarket

T 16 034 498

Maya Beach Resort & Fitness - Meena7

Working Hours: 6.30am - 10pm Saturday - Thursday 8am - 10pm on Fridays T 16 030 070

Tala Leisure Center

Working Hours: Weekdays 6am - 10pm Weekends 9am - 6pm T 16 071 007

Pet Arabia T 16 010 501

Clay Craft Classes, The Lagoon

T 36 477 730

Movie Time T 16 010 491

MAZ Business Center T 16 030 646

Al Rifai Roastery T 16 010 475

Speed Rent a Car T 16 010 131

ACES Taekwondo Academy- Tala Island T 39 658 741

Dance Studio-Tala Island T 33 393 344

Food Deliveries

Hunger Line (Papa Johns, Dairy Queen, Burger King, Quiznos & Chilis) T 17 506 070

Breadtalk T 17 535 371 Little Ceasars Pizza

T 17 675 552

Pizza Hut T 17 111 113

KFC T 17 111 111

Hardeez T 17 111 112

China Express T 17 717 598

Wahid Pastries T 17 466 771

EZ Burger T 17 241 111

YO! Sushi T 17 583 373

Shanghai Hut T 17 292 988

The Clay Oven T 17 717 008

Chickey's T 17 467 771

Pizza Inn T 17 671 777

Amwaj Banks and Financial Services

Bahrain National Insurance

T 16 030 400

Citibank, The Lagoon T 16 010 203

Emergency Numbers

Emergency line

Al Hidd Police Station

Samaheej Police Station

T 17 334 401

T 17 671 212

Coast Guard

T 17 700 000

Traffic Police

Nearest Hospitals to Amwaj

Al Hilal Hospital T 17 344 199

Bahrain Specialist Hospital T 17 812 000

King Hamad Hospital T 17 351 450

Closest Vets to Amwaj

Dr Nonie Coutts T 17 245 515 Dr Mohammed Hussain T 17 292 125

Closest Pharmacies to Amwaj

Nasser Pharmacy T 16 010 505

Al Quds Pharmacy T 17 470 080

Ibn Sina Pharmacy T 17 677 207

Taxi Services

Bahrain Taxi T 17 682 999

Bahrain Limo T 17 266 266

Arabian Taxi T 17 461 746

Travel Services

Aradous Travel and Tour T 17 234 417

Car Washing Services

Ecowash T 17 490 565

Home Maintenance Services **AXEM**

T 17 500 260 **MASY**

T 17 822 404

ReactFast T 17 585 367

Al Saber Group T 13 643 287

Atlas BMS T 36 558 817 T 36 191 810

Closest Self Storage to Amwaj

Takhzeen Self Storage T 69990999 M 37779009

IT Home Services

TechnoServ T 39 609 876

Cargo Services **Baz Cargo Services**

T 17 771 132

Closest Post Office to Amwaj Al Hidd Post Office

Working Hours: 7am - 2pm Saturday to Thursday T 17 673 157

Bahrain International Airport

T 17 339 339

Shopping Malls Seef Mall T 17 581 111

Aali Mall T 17 581 000

City Center T 17 179 779

Moda Mall T 17 533 140



